



Copyright © 2017 Christine Rich Hanson  
All rights reserved.

# What to Know Before You Contact Him, and...

## How to fix it with your guy if he's doing the slow fade after you initiated contact.

Okay. I know. The welling up inside was too great, and you just thought that harmless little text was no big deal.

And now he's more distant than before.

And you wish you hadn't of sent the text because now you feel embarrassed and you don't know what to do.

Alright. Big, big breath.

And another big breath.

He needs a minute (could be a few days or a week and a half)—but he'll be back.

You have to accept that and give him space. Don't call, text, email, drop by or social media stalk him.

Nothing.

No, he won't forget that you're alive.

He's just recovering from the bruise to his manhood that you stepped in to be the guy.

You have to forgive yourself and just don't do it again.



Instead, **you MUST**, get into your life. Into it in the ways that you find juicy. Read a novel that will take your mind away from him. Walk dogs at the animal shelter. Do something you don't usually do like a fitness class or super streamline your clothes closet.

The key is not to sit and HOPE that he calls. He needs man time to recover fully. Allow him space. Discover more about yourself to love.

Increase your Boyfriend Appeal, and he'll want to linger when he does come back.

Enjoy,

Christine Rich Hanson

**P.S.** I also know the pain of being in the dilemma of whether or not your guy is ever going to come through and act like you are good enough for him to date properly.

You might be wondering if my advice above is for a "normal" relationship where you just get a little ahead of yourself with excitement and can back it down.

But what if you have a gut feeling that the relationship has been going on too long and there should have been something more by now?

Maybe you vacillate between thinking he's not interested enough or—you need to change something yourself so that he thinks of you in his Boyfriend Brain.

And it occurs to you that you just really want to check it out with me as to what I think.

In other words, do I get that he's not interested or that there is something you can do to up your Boyfriend Appeal right now to get him to want to share you with the world?

In those cases, let me have you click here on this link to read more and see how this would be of benefit to you: [\*\*First-Time Coaching\*\*](#)